

Handwashing: How and When



1
Wet hands



2
Apply hand soap



3
**Scrub for
10-15 seconds**



4
**Rinse hands
with water**



5
**Dry with single
use paper towel**

Before

- Starting work
- Handling food
- Putting on new gloves
- Switching between raw and cooked or ready-to-eat food

After

- Handling raw food
- Using bathroom
- Coughing, sneezing, etc.
- Cleaning/sanitizing
- Removing garbage
- Breaks