



Boil Water Advisory

Treating Water for Infant Food

When a fecal indicator is found in water that is an indication that the current water treatment is not effectively removing harmful waterborne microorganisms from the water. To safely use the water in your area, follow these guidelines.



Boil Water

- Boiling water kills bacteria and other microorganisms that might be present in the water.
- Bring all water to a boil and let it boil for one minute.
- Boiled water can be placed in a covered container for later use.



Treat Water

- Water can be treated with unscented bleach that has been open less than 30 days.
- For clear water, add 1/8 teaspoon bleach per gallon. For cloudy water, add 1/4 teaspoon bleach per gallon.
- Allow to stand for 30 minutes before drinking or using.

Preparing Infant Food Without Safe Water

- When possible, if preparing human milk, formula or baby food, wash hands with hand soap and potable water
- Fruits and vegetables should be washed with potable water
- Substitute canned stocks/broths or liquids from canned fruits, vegetables for water.
- Use safe, drinking quality water when heating bottles, mixing formula or preparing dry cereal
- Hand wash bottles, containers, dishes and utensils with treated water and allow to air dry. If your dishwasher has a hot/sanitize cycle, it may be used. However, most household dishwashers do not reach the proper temperature to sanitize dishes

For more details, see Centers for Disease Control and Prevention's Drinking Water Advisory Communication Toolbox, which can be found at go.ncsu.edu/cdcwateradvisory